



Get the Breakthroughs You Need: 3 Essentials

Well-meaning adults	
ESSENTIAL #1	
"Experience is the	·
"Breakthroughs come from	, n
"You are the C.E.O. of	. "
• Why 17?	





ESSENTIAL #2	Anead
- The linderded Effect: All -	Intelligence
• The Underdog Effect: A.I.I. =	
When you make an ALL-IN decision, you	
where	re you are with what you have?
You	you can tap into.
What do you need to _	?
• 17 Minutes is	
	_ to make progress
and	
to	o commit to every day.
ESSENTIAL #3	
"You don't know	
Don't thinkwhat will I do? THINK	?
"Consistency beats	" – Cathey Armillas
"You can't notice your p	progress in the middle of
	" – Amanda Mae Gray





"Momentum _____."



Darren's Script Example:

Once a week 7 years =	pages
Once a day 4 months =	pages

"Tell me what you say you want,	, show me one week of your life and you and I
will both know	." -Patricia Fripp, CSP, CPAE

• How serious are you? I Double Dog Dare You!





|--|

#1 -	Make the	(You are the)
#2 -	Start the	(Do the	_)
#3 -	Get	(Gain Momentum)	
	"People aren't a	fraid of hard work; they are afraid of hard work	



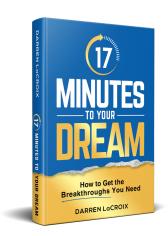
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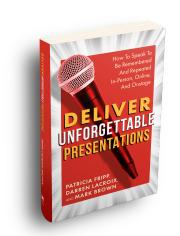


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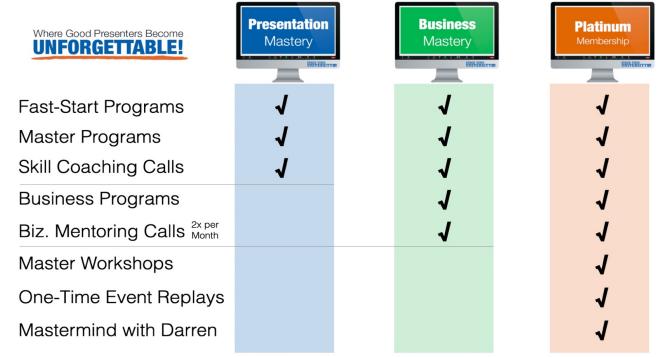


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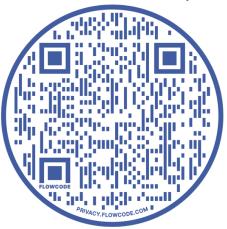
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